

Aji Saji



TH225

押味 粕谷 喬 筑間 中村
能勢 早川 林邊 松榮

A woman in a light blue cardigan is seated at a table, eating a meal. She is holding a white bowl in her left hand and using wooden chopsticks with her right hand to pick up a piece of food from a small white dish. The table is set with various dishes: a bowl of red soup, a plate of grilled fish, a plate of fried food, a plate of seaweed, and a plate of colorful salad. The background is softly blurred, showing a window and indoor plants.

生きていく中で「食事」は切っても切り離せないですよね？

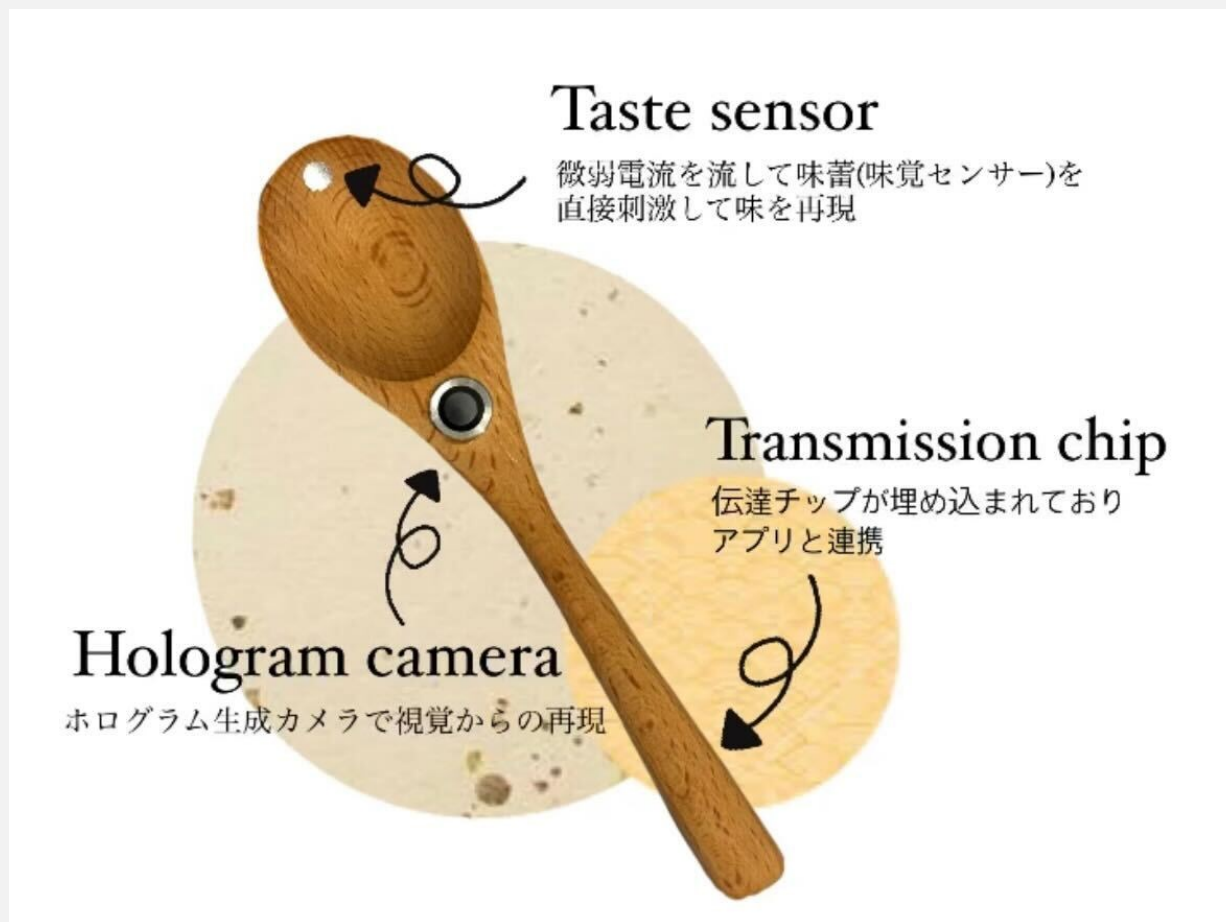
食事制限



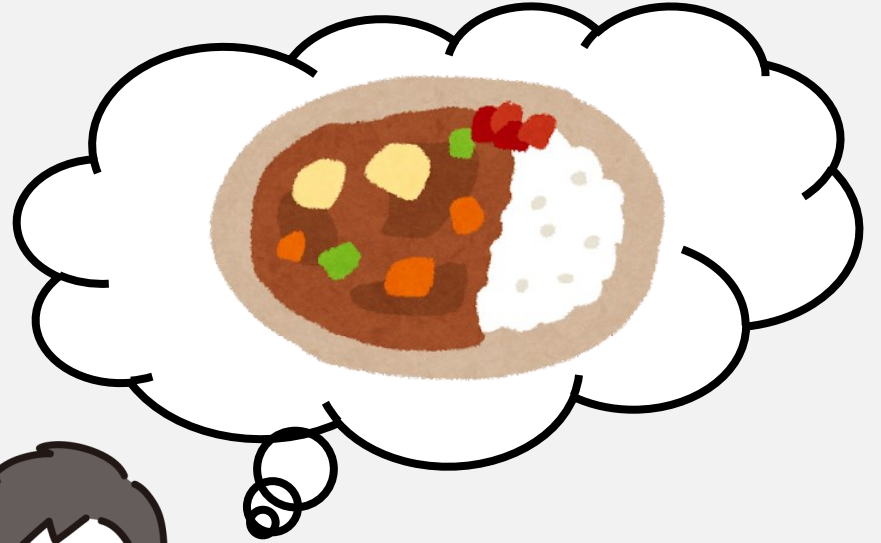
A group of people are gathered around a table, enjoying a meal. The table is set with a striped tablecloth and features a variety of dishes: a stack of pancakes topped with fruit and nuts, a plate of sliced bread, a bowl of fresh strawberries, a bowl of grapes, a whole lemon, and a small vase with fresh mint. There are also glasses of juice and coffee. The atmosphere is casual and social, with people engaged in conversation and eating. The text "食事は栄養を取るだけでなく、本来楽しむもの" is overlaid on the image, suggesting that eating is not just about nutrition but also about enjoying the experience.

食事は栄養を取るだけでなく、本来楽しむもの

Aji Saji



Aji Saji



TH225presents

Aji Saji



Aji Saji

食事制限を
なくす

自由な食生活を
送れる社会へ

SDGs03
すべての人に
健康と福祉を



Aji Saji